

SPA DAY PACKAGES

Experience the Ultimate Spa Day indulgence at Eden Spa. Experience our heated swimming pool, jacuzzi, sauna, steam room, hot tub and fully equipped gymnasium.

***Spa package times apply**
10am - 1pm or 1pm - 4pm

Spa Day & Sparkling Afternoon Tea From £80

An Indulgent Spa Afternoon with Tea

What's included? - Afternoon use of the spa facilities & swimming pool robes and towels, facial or luxury manicure or pedicure, afternoon tea with a glass of prosecco served in the hotel.

Relaxation Pamper Day From £86

With lunch

The Ideal Day for those wanting some 'Me Time' A day of calm in gorgeous surrounds, luxurious treatments and delicious lunch. Enjoy a choice of treatments.

What's included? - Use of the spa facilities & swimming pool, robes and towels, one-course lunch with a glass of prosecco, treatment: Eden Express Facial or Back Massage* (25 mins)

Mother & Daughter Spa Day From £140 per couple

The Perfect Day for Mother & Daughter to Catch Up

What's included? - Use of the spa facilities & swimming pool, robes and towels, a choice of treatments, Eden Express Facial with head massage or reflexology. Delicious one-course lunch, served with a glass of fizz, served in *Trubshaw's Restaurant* (25 mins each).

Pamper Party Package From £85pp

Perfect for Hen Parties!

Minimum 6 persons - Bride to be goes free!
What perfect way to catch up with friends or send the bride to be off in style!

What's included? - Use of the spa facilities & swimming pool, robes and towels, delicious one-course lunch served in *Trubshaw's Restaurant* with a glass of fizz...
A choice of a 25 mins treatment*

Mums to Be From £75pp

The Ultimate Relaxation and Pampering for Expectant Mums

Enjoy an afternoon of pampering and relaxing with our Spa Mums to be experience. A tranquil journey for mums to promote relaxation at this important time.

What's included? - Day use of the spa facilities & swimming pool, robes and towels, a delicious one course lunch served in *Trubshaw's Restaurant*, a choice of a facial or leg and foot massage. (25 mins)
Some treatments will not be suitable for expectant mums.

Just for Him From £95pp

The Perfect Day - Just For Him

Unwind in style with the ultimate day of relaxation and rejuvenation.
Enjoy a workout in the gym or simply relax by our stunning poolside, wrapped in the comfort of fresh robes and towels.

What's included? - Full day use of our spa facilities and swimming pool, robes and towels provided, a delicious one-course lunch served at *Trubshaw's Restaurant*, and a 50-minute Full Body Massage.

T&C's Apply

Treatments can up-grade with a supplement charge. Appointments for treatments are subject to availability and prices are stated are per person. Spa packages are priced separately - see leaflet for details. A 50% deposit is required for spa treatments and full payment for Spa days at the time of booking. Refunds will be given providing a minimum of 24 hour's notice is given for a cancellation or postponement. Refunds will not be endorsed for no-shows or late cancellations.

The following treatments require a skin test 24 hours prior: eyelash/eyebrow tinting.

Any client under the age of 14 will need a Parental/ Guardian consent before any treatment.



SPA PRICE LIST



The Diplomat Hotel
— Restaurant and Spa —

Please ring 01554 756 156 and ask to be put through to the Spa to make an appointment
www.diplomat-hotel-wales.com

TREATMENTS

MASSAGES

Back, Neck and Shoulder Massage 25 mins £40

A relaxing massage to ease tension and promote relaxation

Full Body Massage 55 mins £60

A relaxing massage reducing muscle stiffness, relieving tension and improving circulation and flexibility

Back, Face and Scalp Massage 55 mins £60

A relaxing back massage to relieve any tension, followed by a face and scalp massage to boost circulation

Deep Tissue Massage 70 mins £75

Hot Stone Placement & Massage 60 mins £55

A relaxing treatment that promotes circulation and detox

Leg Massage 25 mins £30

Reflexology 45 mins £40

Half Body Exfoliation 35 mins £35

Full Body Scrub with Massage Moisturiser Application 55 mins £45

Back Face and Scalp Treatment 1hour 10mins £70

Relaxing back massage deep cleansing facial and scalp treatment massage

FACIALS

Express Facial 25 mins £35

A refreshing facial to brighten and cleanse the skin

Ultimate Facial 55 mins £55

Deep cleansing, relaxing skin specific facial with massage

Luxury Face, Neck & Scalp Massage 30 mins £32



EYE TREATMENTS

(24 hour patch test)

Eyebrow Shape 20 mins £15

Eyebrow Tint 25 mins £15

Eyebrow Tint & Shape 35 mins £20

Eyebrow Tint & Lash Tint 30 mins £26

Eyelash Tint 25 mins £18

Express Manicure 30 mins £25

Express Pedicure 30 mins £25

Luxury Manicure 60 mins £35

Luxury Pedicure 60 mins £38

WAXING

Full Leg 50 mins £30

Full Leg & Bikini 60 mins £35

Half Leg 30 mins £22

Bikini 30 mins £15

Underarm 20 mins £15

Lip & Chin 20 mins £25

Chest or Back 45 mins £35